



Running Start Orientation



2017



What is Running Start?

- A dual credit partnership between high schools and community colleges
- Paid for by the State Legislature
- Allows 11th and 12th graders to earn up to 15 college credits per quarter (tuition only)



You can register for a maximum of 15 CC credits
(less if also taking JHS courses)

JHS Classes	FTE	CC Classes ~ Tuition Free Credits
1	0.2	15
2	0.4	12
3	0.6	10
4	0.8	6
5	1.0	3
6	1.0	3

What's the cost?

- State Legislature pays course tuition

- You pay:

- Fee for placement test
- Per credit fee (varies with each school)
- Lab fees
- Books
- Transportation costs
- Parking permits
- Meals
- Any additional class fees, if applicable, depending on the class



Running Start Student Qualities



- Have at least 12 high school credits
- Be responsible
- Highly motivated
- Mature
- Organized
- Focused





Are college courses hard?

- They ARE challenging.

Remember that you will be working with college age students!

- Courses are faster paced and require more outside study
- Expect about 2 hrs of homework for each hour of instruction

For example, a full time student (15 college credits) would expect about 45 hours per week of studying & attending classes

Where can I attend?

- Any Washington State community college



- The closest colleges are:
 - Everett Community College
 - Edmonds Community College
 - Cascadia College
 - Shoreline Community College
 - Bellevue College



What classes can I take?

- Funds will ONLY cover courses that are 100 level or above
- Courses that meet your JHS graduation requirements and courses leading to future career goals and/or 2-year Associate Degree (meet with RS advisor for planning of transfer degree)

Semesters vs. Quarters:

- JHS

Fall Semester	Spring Semester
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- Community College

Fall Quarter	Winter Quarter	Spring Quarter
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Here's the difference in credits between CC's and JHS

- Community College = 5.0
- JHS = 1.0


A 5.0 credit CC class
is equal to 1.0 JHS credit



What does a typical year look like at JHS?

Pd	Semester 1	Semester 2
1	English	English
2	Social Studies	Social Studies
3	World Lang.	World Lang.
4	Math	Math
5	Science	Science
6	Elective	Elective





An Example Part-time Running Start Schedule

Pd	Semester 1	Semester 2
1	Math	Math
2	Science	Science
3	Band or Choir	Band or Choir
4	RS (English)	RS (Elective)
5	RS (Social Studies)	RS (Social Studies or elective)

With this schedule, students could take 1 or 2 college classes each quarter (3 quarters). With 3 JHS classes all year and 2 RS classes each quarter, a student will be extremely busy.

Rule of thumb is: For every RS class, drop 2 JHS classes.

Example Full-time Running Start Schedule for Juniors or Seniors

	Fall Qtr.	Winter Qtr.	Spring Qtr.
1	RS (English 101 or 102)	RS (Math) If above Alg 2	RS (Elective) (dependent on longer-term goals)
2	RS (Science or elective, depending on longer term goals)	RS (U.S. History) 2 History courses = JHS 1.0 U.S. requirement	RS (U.S. History) 2 History courses = JHS 1.0 U.S. requirement
3	RS (Gov't and/or elective)	RS (College 101/JOB DV 130 or elective)	RS (Elective) (dependent on longer-term goals)





How do I choose classes?

- The Running Start Advisor (*at the CC*) can help you plan your college courses, complete registration, and build your schedule for college course plans
- Your JHS Counselor can answer general questions about what college courses are needed to meet JHS graduation requirements

**So, how do I
become a Running
Start Student?**





STEP 1: Which College?

- Make a decision on which community college to attend:
 - Go to website, tour their campus virtually & peruse their course catalog
 - Visit the campus in person to determine distance, commute time, comfortableness with what you observe and experience on the campus

STEP 2: APPLY

- **Complete the community college application** of your choice.
If the application asks for a college major, indicate Running Start
- **Applications open in March** for the following school year
- **Meet application deadlines** (varies between colleges, check deadlines on college website)
- **Complete any other community college application requirements**



STEP 3: Eligibility

- Placement Requirement to Determine Eligibility: (can vary for each college)
 - Obtain SBA scores (score of 3 or above meets placement)
 - No SBA scores? Use PSAT scores
 - No SBA or PSAT scores? Obtain transcript to determine grade criteria
- If none of the above, contact testing center at the community college to take placement exam



Where to Obtain SBA or PSAT Scores

- For SBA scores see:

Mrs. Soma, Testing Success Coordinator, room C-248 or 425-385-7037



- To access PSAT scores go to:

www.collegeboard.org



JHS Requirements for Running Start Students

Following forms available in JHS counseling office:

- Complete & return the JHS Running Start Signature Page (**pink form**)
- Complete & return the Running Start Planning Form if taking both JHS and RS courses (**green form**)
- Complete Community College Application online

Student must submit this form to his/her counselor

JHS Running Start Signature Page

"I have read the Running Start Program information I received and have discussed the program with my parent/guardian and my counselor at Henry M. Jackson High School. I understand what is required of me and will complete all required steps with my counselor to take appropriate classes at the community college I have chosen to attend."

Signed form must be turned into your counselor before you can register for college courses.

Student Name (*please print*)

Student ID #

E-Mail Address

Cell Phone

The community college you are planning to attend: _____

Grade Level (*circle answer*) :

Junior

Senior

Student Signature

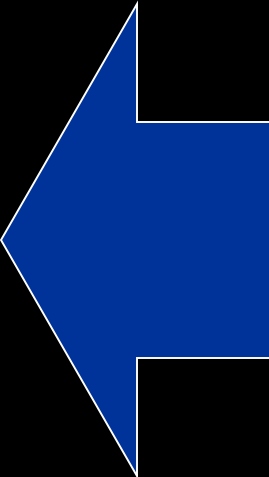
Date

Parent/Guardian Name

Date

Parent/Guardian Signature

Date



Turn in this
paper to your
counselor ~
so that
she/he knows
how to get in
touch with
you.

Name: _____

Cell #: _____

Email: _____

Running Start Planning Form



Community College Schedule

Fall Quarter (Sept. - Mid Dec.)

Winter Quarter (Jan. - Mid March)

Spring Quarter (April - Mid June)

Total R.S. Credits - _____

High School Schedule

Fall Semester (September - January)

Spring Semester (February - June)

Give a copy of this sheet to your JHS Counselor so that she/he knows what your plan is, and so that she/he can schedule Running Start into your JHS schedule at the correct time!

Total High School Credits= _____

Each
community
college has
its own
Running Start
Application
Most use
online
applications



Outreach and
HS Programs

Running Start Application

STUDENT INFORMATION

First name *	<input type="text"/>	Middle name	<input type="text"/>
Last name *	<input type="text"/>	Social Security Number *	<input type="text"/>
Intended College Major *	<input type="text"/>		
Quarter * Select...	<input type="text"/>	Birthdate *	<input type="text"/>
High School Name * Select...	<input type="text"/>		
High School Grad Year *	<input type="text"/>		
Email <input type="text"/>	Enter your email address	Phone *	<input type="text"/>
Gender *	<input type="text"/>	Ethnicity * Select...	<input type="text"/>
Address *	<input type="text"/>		
City *	State *	Zip *	<input type="text"/>

* Have you been a legal resident* of Washington and lived continuously in the State of Washington for the past 12 months?
 Yes No

If no, how long have you lived continuously in the state of Washington? Months

* A student cannot qualify as a legal resident of Washington for tuition calculation purposes if s/he possesses a valid out-of-state driver's license, vehicle registration, or other documents that give evidence of being a legal resident in another state.

Did your parent or guardian earn a Bachelor's degree from a U.S. college or university? Yes No

Have you taken EvCC College in the High School courses at your high school? Yes No

RUNNING START APPLICATION PROCEDURES

1. Discuss Running Start with your high school counselor and parent/guardian before deciding whether to apply.
2. Fill out the Running Start application online.
3. Complete the RS online application. Be sure to attach placement documentation including your **unofficial high school transcript AND** one of the following:
 - Placement Test Scores (COMPASS/ASSET/ACCUPLACER) [Click to Attach High School Transcript](#)
 - SmarterBalance Scores [Click to Attach Additional Documentat...](#)
 - AP exam, SAT, ACT or PSAT scores [Click to Attach Additional Documentat...](#)
 - Unofficial transcript from another college
4. Check Your Email: Once application has been reviewed and processed, student will receive information about orientation via email.
5. Interested in ORCA, Ocean Research College Academy? Complete the RS online application and visit the ORCA website, www.everettcc.edu/ORCA.

PRIORITY APPLICATION DEADLINES

Fall – May 1 Earlybird Deadline – April 18th

Winter – November 1

Spring – February 1



For students taking classes at both JHS & College:



Check class times to make sure your JHS and Running Start classes don't overlap!!



Make sure you have plenty of time to drive to the Community College after your JHS class/es



This is Cascadia's searchable schedule of classes. You can search by subject, online classes, days of the week, time of day or instructor. You also can combine search criteria. For example, if you are looking for English classes offered on Tuesdays and Thursdays, select English from the subject dropdown menu and make sure the boxes next to Tuesday and Thursday are the only ones checked in days of the week.

For information regarding open seats in a class click on the item number of the class. A separate window will open in your browser.

Shaded Items = Classes on weekends, evenings, and early mornings

Quarter: Spring 2017 ▾
Subject: All Subject Areas ▾ Search for Classes
Course Designation: All designations ▾
Instructor: All Instructors ▾
In Person: Show Hide
Hybrid: Show Hide
Online: Show Hide

[Show/hide date and time options](#)

¹ Information on course textbooks is collected by and provided courtesy of [University Book Store](#) and is subject to change regularly and without notice. Course books may not appear for a particular course either because a book is not being used, the course's instructor has not yet communicated to University Book Store what books have been selected, or there has been a short delay in posting selected books to the web site. Questions about course books for courses should be directed to the course instructor or to University Book Store at 206-634-3400, extension 335 or ubstext@u.washington.edu.

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Each community college has a class schedule online. Search this site to see what classes you'd like to take and the approximate times each course is offered.

Everett School District
High School – Community College Equivalencies

High School Course	EdCC Course	EvCC Course	CCC Course	ShCC Course
English				
9 th Grade	Any 5.0 CC English under 100 earns .5 English credit total and will NOT be covered by Running Start tuition. All			
10 th Grade	English 100 and above, taken for credit			
11 th Grade	Must take a 5.0 credit class to earn English credit (English Comp. vs. English Writing vs. English Lit.) each year			
12 th Grade				
Math				
<i>Algebra 1</i> **	Math 080	Math 083 (may be 027 + 028)	Math 083	Math 080
<i>Geometry</i> **	Not offered	Math 089	Not offered	Not offered
<i>Algebra 2</i> **	Math 090	Math 065	Math 095	Math 097 + 098 or Math 099
Pre-Calculus	Math 131 + 132	Math 147 (pre-req. Trig)	Math 110 + 120	Math 110 + 120
Calculus (1 st Qtr)	Math 151	Math 152	Math 130	Math 124
** High School Level class – Will not count for college credit, will not be covered by Running Start tuition, and will earn only .5 Math credit at high school. At least 2.0 credits of Math are required for graduation. The Calculus classes listed equal only one quarter of the Calculus series.				
Science**				
** At least 1.0 credit must be lab science, and 2.0 credits total are required for graduation. Lab Science courses taken for science requirement must be at least 5.0 college credits.				
Health	Health 100	PEHW 203 or Nutrition 150	Nutrition 110	PE 200
History				
World History**	History 104, 105, 106	History 111 + 112	History 111, 112, 113	History 111, 112, 113, 201
US History***	History 243, 244, 245	History 151, 152, 153	History 121 + 122	History 241 + 242
Government	Political Science 104	Political Science 201	Political Science 202	Political Science 202
Washington State	History 204	History 232	Not offered	History 267
** World History: Must take one college class per semester of required World History. Each college 5.0 credit course will be split into .5 World History credit and .5 History elective credit.				
*** US History: Must take one college class per semester of required US History. Each college 5.0 credit course will be split into .5 US History credit and .5 History elective credit.				

Use this form to figure out what classes equal what types of credit!



- Senior Quantitative Requirement:
 - Check with your high school counselor, NOT the college, about what Running Start Classes meet the Senior Quantitative Graduation Requirement
 - Typically, this is met by taking a Math or Science class



English Info

- College ENG101 MUST be completed to meet your Junior English OR Senior English graduation requirement
- College English 101 & 102 must be completed to meet both Junior & Senior English graduation requirement





History/Social Studies Info

- **World History:** Must take 2 courses to meet the 1.0 WH high school requirement.

Each 5.0 college credit course will be split into 0.5 World History credit & 0.5 Social Studies Elective credit

- **US History:** Must take 2 courses to meet the 1.0 U.S. high school requirement.

Each 5.0 college credit course will be split into 0.5 U.S. History credit & 0.5 Social Studies Elective credit

- **Government:** Must take the equivalent course to meet 0.5 Government requirement

The 5.0 college credit course will be split into 0.5 Gov't credit & 0.5 Social Studies Elective credit

College & Career Readiness Seminar (CCRS):

- Changes can vary at the colleges as to what meets CCRS. As of now:
 - **EdCC:** JOBDV 130: College and Career Success
 - **EvCC:** College 101: College Success
 - **Cascadia:** College 101: College Strategies
 - **Shoreline:** No equiv. course offered





Running Start Enrollment Verification Form

Student

Student Name: _____
 Last Name First Name MI
 Home Phone: _____ Cell Phone: _____
 Email Address: _____ SSID#: _____
 Responsible Parent/Guardian: _____
 College: _____ College SID #: _____

Check if this is a revision
 New Student
 Returning Student
 Student Enrolled in Multiple Colleges
 Spring Quarter Eligibility Adjustment Form (SQEAF) attached

High School Counselor/Running Start Advisor

School Yr: _____ College Term: College Quarter College Semester

 Fail, Winter, Spring Qtr. / 1st or 2nd sem.
 High School: _____ District: _____
 Grade Level: Junior Senior 5th Yr Senior - Available for meeting district graduation requirements only (WAC 392-169-033(4)).
 For the college term^a above, the student will be enrolled in high school and skill center classes equaling _____ full-time equivalent (FTE).
 Student may register for a maximum of _____ college credits, without incurring college tuition costs, based on the above stated high school/skill center FTE.
 Comments: _____

* Weekly Minutes based on high school bell schedule.
 ** For community and technical colleges only, students qualifying for 0.60 FTE college enrollment and registered for exactly 10 credits, will be granted a 1 credit waiver for the 10th credit.
 *** A student enrolled in both high school and skill center classes and claimed for more than a combined 1.0 FTE qualifies for 0.20 Running Start FTE. When a student is enrolled in both the high school and skill center and taking less than 1.0 FTE, the standard Running Start calculation applies.
 Δ For the winter college quarter and for students enrolled in a high school with a semester schedule, use the student's second semester schedule.

Running Start Funding Limit Table			
Enrolled High School		Tuition-Free College Credit	
Weekly Minutes*	FTE	Max FTE	Max Credits
0-307	0.00-0.20	1.00	15
308-412	0.21-0.27	0.93	14
413-502	0.28-0.33	0.87	13
503-607	0.34-0.40	0.80	12
608-712	0.41-0.47	0.73	11
713-802	0.48-0.53	0.67	10
803-907	0.54-0.60	0.60	9
908-1,012	0.61-0.67	0.53	8
1,013-1,102	0.68-0.73	0.47	7
1,103-1,207	0.74-0.80	0.40	6
1,208-1,311	0.81-0.87	0.33	5
1,312-1,402	0.88-0.93	0.27	4
1,403 or more***	0.94 or more***	0.20	3

Recommended Running Start Classes:

College Course (Dept. & Number)	# of College Credits	High School Equivalency	# of HS Credits
		=	
		=	
		=	
		=	

Signature of High School Counselor _____ Date _____
 Signature of College Running Start Advisor _____ Date _____
 High School Counselor Printed Name _____ Phone Number _____
 College Running Start Advisor Printed Name _____ Phone Number _____

Student & Parent/Guardian

I understand that:

- The student is responsible for understanding when his or her choice of schedule will result in tuition charges. If the student enrolls for more high school and college credits than are identified in the Running Start State Funding Limit Table, the student is responsible for:
 - 1) paying all college tuition and fees associated with exceeding the college credits identified in the table; or
 - 2) withdrawing from the excess college or high school course(s).
- The student is required to pay any class/lab fees charged for college classes.
- Enrollment in specific college classes cannot be guaranteed – even if the classes are needed to fulfill district high school graduation requirements.
- If the student begins Running Start in winter or spring term, eligibility for the previous term(s) that year is forfeited.
- To add/withdraw from a course, the student must complete the college Add/Drop process by the college deadline and notify the high school counselor.
- The student is responsible for ensuring that college courses completed as part of the Running Start program will meet high school graduation requirements.
- If the student plans to transfer, it is the student's responsibility to determine college admissions policies/deadlines and whether credits will transfer.
- The student gives permission for college staff to release his/her grades to the high school and to discuss various aspects of his/her program participation with the high school/district officials.

I acknowledge that I have read, understand, and will comply with the conditions of Running Start participation and the expectations of college course enrollment.

Student Signature (REQUIRED) _____ Date _____
 Parent/Guardian Signature (REQUIRED) _____ Date _____

Once you meet placement eligibility for RS, choose your courses (JHS requirements & college pathway) and fill out the RS enrollment form.

Make appointment with your Counselor to complete their portion of the Quarterly Enrollment Verification form.

* All CC's use the same EVF form.

Important information:

- All courses taken are placed on your permanent high school and college transcripts *(even if you fail or withdraw)*
 - *Advice: Do not enroll in running start if you are not committed to earning B grades or above on a college transcript*
- While at college, you are subject to ALL college policies & procedures
- If your college GPA drops below a 2.0 you will be placed on academic probation.
- Not all colleges/universities accept Running Start credits for transfer!! *(check with the colleges in which you are interested!)*





Some Strengths

As noted on the EdCC Running Start Webpage

- **Class choice** - Students have an increased opportunity to take courses that may not be offered at JHS, including advanced level courses, and vocational/technical courses.
- **Early start-** This experience can be helpful in making the transition from high school to college, and in making future educational plans.
- **Students of all ages**
- **Educational setting-** Students who find that high school is not meeting all their needs may benefit from a different educational setting.
- **Tuition-free courses**
- **Participation in high school activities-** Students may continue to participate in H.S. activities



Some Possible Concerns

As noted on the EdCC Running Start Webpage

- **Maturity level/ Socialization-** Some students find the independence and speed of college classes overwhelming.
- **Transportation**
- **Student expenses**
- **Conflicts with high school activities**
- **Schedule-** The college and the high school have different schedules. Students will be expected to attend classes even though college classes may conflict with high school vacations and/or activities. Students are not guaranteed enrollment in any class, even if the class is required for high school graduation.
- **Graduation requirements-** The high school is the final authority on what is required for graduation

JHS Counseling Webpage (full of all kinds of info & resources



Henry M. Jackson High School



CONTACT



LUNCH MENU



GRADES & MORE

OUR SCHOOL

OUR STAFF

PARENTS

STUDENTS

COUNSELING

LIBRARY



COUNSELING

- ★ Welcome
- ★ HS & Beyond Family Night
- ★ 8th Grade & New Student Frequently Asked Questions
- ☑ Academic Support
- ☑ College & Career Readiness
 - ★ College Comparison Worksheet
 - ★ College Essay Sample Questions
 - ★ College Search Sites
 - ★ College Testing
 - ★ Financial Aid

Running Start

Running start is a partnership between high schools and community colleges in Washington State, and is funded by the state legislature. This program provides high school juniors and seniors with the opportunity to take college-level courses tuition-free.

2017-18 Running Start:

Colleges recommend sending applications **AFTER** April 1, 2017 for Fall Quarter classes. Placement exams can be taken anytime. Exam results need to be turned into your counselor.

Want to learn more?

Attend one of our after school Running Start Information Sessions held in the JHS Library. Next sessions: **February 16, 2017 and March 16, 2017 from 2:10 - 3pm**

Click here to view the [Running Start Powerpoint](#)

General Application Timelines



Fall Qtr

Mid-March – May



Winter Qtr

November



Spring Qtr

February



Check each college website
for specific Running Start
Application deadlines at their school



Questions??

Thank you for attending!